



RULES – 28th Annual Mini-GO-Ride (June, 2020)

A. EQUIPMENT

- A.1 Riders must wear a properly fitted ANSI or SNELL approved hardshell helmets while riding in the event.
- A.2 Riders or their legal guardians are responsible for ensuring that their bicycle is in suitable riding condition and that they are self-sufficient with at least a tire repair kit, water and adequate food. Carrying cell phones is encouraged.

B. RIDING IN THE MINI-GO-RIDE

- B.1 Riders under 16 years of age must be accompanied by a parent or guardian.
- B.2 Riders must have agreed to the online waiver, or signed a paper waiver, or had a parent or guardian agree to or sign a waiver prior to the event.
- B.3 Riders are responsible for learning the relevant rules of the road, including the Ontario Highway Traffic Act, since cyclists have the same rights and responsibilities as motorists.
- B.4 Riders must abide by UCI, CCA or OCA rules of the road, the Ontario Highway Traffic Act and laws regarding alcohol and drugs.
- B.5 Riders are to learn and comply with the rules and procedures related to the Mini-Go-Ride.
- B.6 Riders are to operate their bike in a safe and predictable manner at all times.
- B.7 Riders are to ride single file.
- B.8 Riders must not cross the centre (yellow) line of the road.
- B.9 Electronic listening devices are not to be worn (e.g., iPods), nor are phones to be used while riding.
- B.10 Be respectful and courteous to fellow riders, community members, motorists and other users of the road.
- B.11 Seek first aid immediately if needed for accidents (e.g., 911).
- B.12 No rider shall endanger themselves or another participant. Any rider, who intentionally presents a danger to any participant or who, in the judgment of any ride official or marshal, appears to present a danger to any participant shall be asked to end their ride immediately.
- B.13 Drafting is not permitted. No participant shall draft during the event.
- B.14 Riders must not block or obstruct the progress of another participant.
- B.15 A rider who approaches another rider bears primary responsibility for avoiding an accident. A participant must not attempt to pass another cyclist unless adequate space is available and the rider is confident of their ability to pass the other cyclist. All passing is to be done to the left of the cyclist being overtaken.
- B.16 Except for reasons of safety, all cyclists shall keep to the right of the prescribed course unless passing.
- B.17 Riders must adhere to the current Covid-19 restrictions as mandated by all levels of government



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Some suggested Safe Riding Tips

Preparing for the Ride:

1. Be familiar with the planned routes (i.e., short, medium or long). Plan a distance that matches your abilities.
2. Conduct a pre-ride check of your bike (wheels, tires, spokes, chain, gears, brakes, seat, handle bars, etc.)
3. Wear bright clothing to enhance visibility.
4. Wear glasses to protect eyes and gloves to protect hands and grip.
5. Pack spare tubes, tools, pump, etc.
6. Carry cell phone, liquids, nourishment, extra layer of clothes, money, and sunscreen.
7. Carry identification with emergency contact information and any critical medical information.

During the Ride:

1. Riders can choose to call, “Car Back” or “Car Up” to alert fellow riders of on-coming traffic.
2. Riders can choose to use hand signals to point to potholes gravel & other hazards to fellow riders.
3. Riders are to stop riding if incapable of safely operating their bike (e.g., personal health issues and or mechanical issues). Inform and seek assistance from their fellow riders or riding buddy.
4. Riders or their legal guardians are to report, cooperate and assist with any matter involving safety and or misconduct.
5. Riders are to bring back their trash and dispose appropriately.
6. If nature calls, find a public washroom or if in distress, disappear into a wooded area and comply with public health/sanitary needs and public decency laws.